

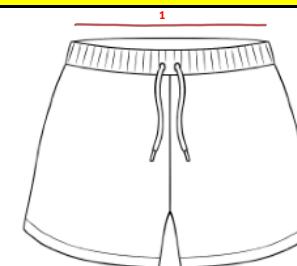
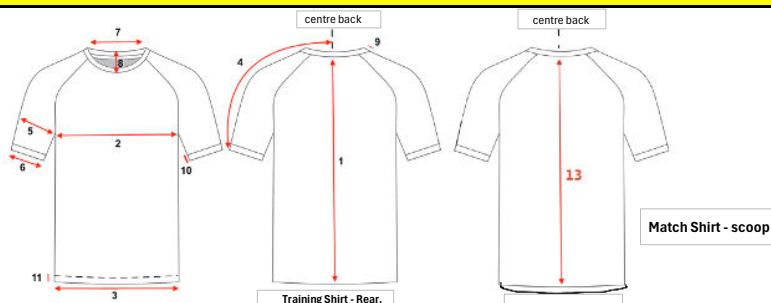


SIZE CHART



			ITEM NAME						Style information									
			MATCH/TRAINING SHIRT						Raglan Sleeve			Angled Raglan Cut for Freedom of Movement						
Part Description		POF	PROFILE	YOUTH						Adult								
			LABEL SIZE	XS Y	SY	MY	LY	XLY	2XLY	S	M	L	XL	2XL	3XL	4XL	5XL	
			*Age Guide (Yth)	4-5 yrs	6-7 yrs	8-9 yrs	10-11 yrs	12-13 yrs	13-14+ yrs									
			TO FIT (inches)	24-26	26-28	28-30	30-32	32-34	34-36	36-38	38-40	40-42	42-44	44-46	46-48	48-50	50-52	
1	Back body length from centre of collar (Training Shirt ONLY)			Tol +/- 1cm	48	51	54	57	62	68	70	72	74	77	80	82	84	87
2	Chest at 1cm from armhole			Tol +/- 1cm	34	37	40	43	46	50	52	54	56	59	62	64	66	69
13	Back body length from centre of collar (Match Shirt)			Tol +/- 1cm	51	54	57	60	65	71	73	75	77	80	83	85	87	90

If your child is 36" chest or above, we recommend Adult Small. Shirts are a Pro/Athletic Fit – go up a size for comfort or room to grow.



		ITEM NAME						Style information							
		MATCH/TRAINING SHORT						Performance Cut				Split Hem, Mesh sides, Longer Rear panel			

Part Description		PROFILE	YOUTH						adult							
		LABEL SIZE	XS Y	SY	MY	LY	XLY	2XLY	S	M	L	XL	2XL	3XL	4XL	5XL
		*Age Guide (Yth)	4-5 yrs	6-7 yrs	8-9 yrs	10-11 yrs	12-13 yrs	13-14+ yrs								
		Tol +/- 1cm	20-22	22-24	24-26	26-28	28-30	30-32	32-34	34-36	36-38	38-40	40-42	42-44	44-46	46-48
		Tol +/- 1cm	51-56	56-61	61-66	66-71	71-76	76-81	81-86	86-91	91-96	96-101	101-106	106-111	111-116	116-121
1	Waist to fit - inches															
1	Waist to fit - cm															

Sizing tip 1: Label size and ages are only a guide — body shapes vary. Always check chest/waist measurements for the most accurate fit. Final size choice is your responsibility, but we're happy to advise if you're unsure.

⚠ Fit Note: Our shirts are a Pro/Athletic Fit – designed to sit close but not cling. If you're on the upper end of a size range, or want growing room, go up a size.

E.g. If you are a 40" chest, choose Large (not Medium).



How to Read the Size Chart

Our shirts are measured in multiple ways to help you get the right fit — whether you like it snug, relaxed, or somewhere in between.

Label Size

This is the size printed on the label – e.g. XSY, SY, M, L, etc.

Age Guide (Youth Only)

A rough idea of the age ranges each youth size suits – **useful, but not exact.**

Always go by chest/waist where possible.

To Fit (inches)

The size (in inches) that the garment is designed to fit, around the chest or waist.

All Match Kits use a **Pro/Athletic Fit** (closer to the body)

if you prefer a looser feel, or you're at the upper end of a size range, go up a size.

Teamwear items are more of a **Standard Fit** designed to sit over first layers.

Use the chart to choose the right size for your body – or size up for extra comfort or room to grow.

Actual Garment Dimensions

This shows the real, flat measurements of the garment — useful if comparing to a shirt or short you already own.

- Shirt: ½ Chest width (flat, armpit to armpit)

- Shirt Length: Measured from the back collar down (differs slightly for Training vs Match shirts)

+/- 1cm tolerance means minor differences may occur in production — totally normal.

Shorts are simpler...

With elastic and drawcords, just go by your waist measurement.

The “Waist to Fit” is shown in inches and cm for ease.

Not sure?

If you're between sizes or want a looser/tighter fit, we're happy to help. Just ask.